



Tamil Nadu Physical Education and Sports University
Chennai 600 127

Criterion 3 – Research, Innovations and Extension

***3.4.5 BOOKS AND CHAPTERS IN EDITED VOLUMES
PUBLISHED PER TEACHER DURING THE LAST FIVE
YEARS***

LIST OF CHAPTERS/BOOKS



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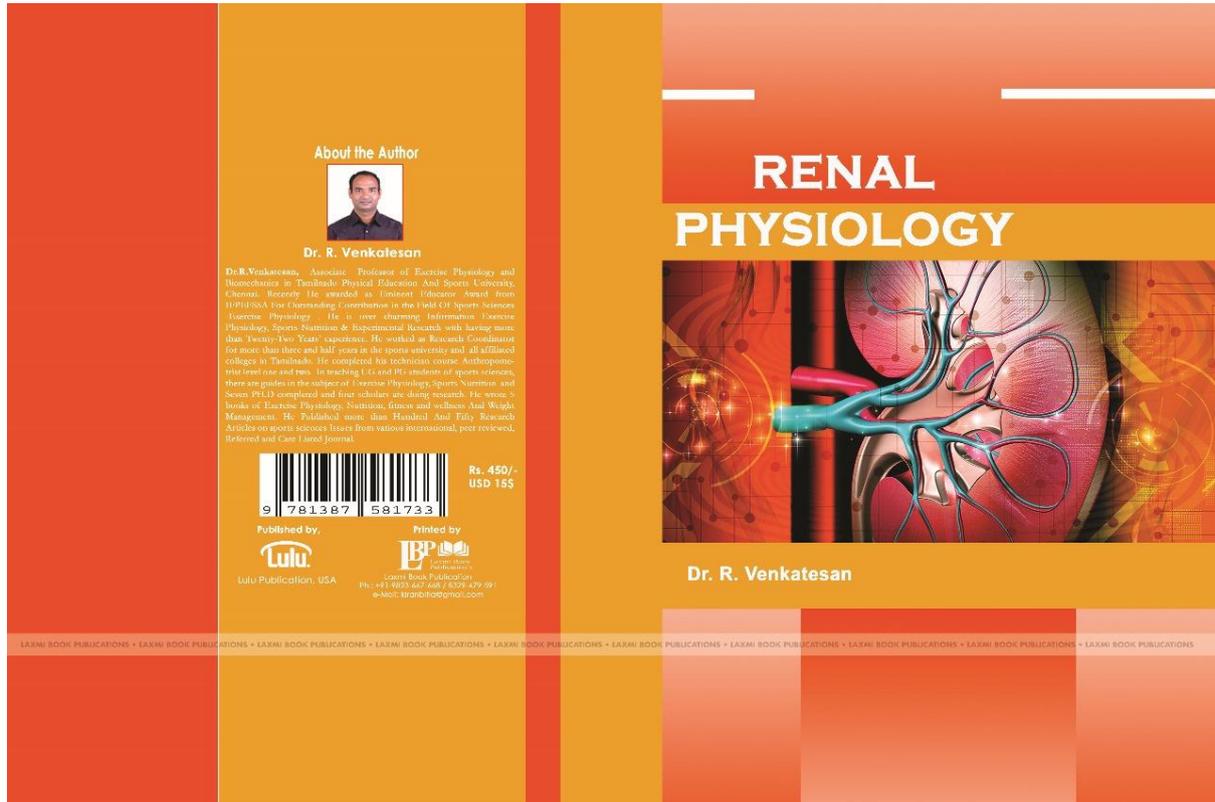
Number of books and chapters in edited volumes published per teacher during the last five years

Sl. No.	Name of the teacher	Title of the book published	Year of publication	ISBN number	Name of the publisher
1	DR. R. VENKATESAN	CARDIOVASCULAR AND RESPIRATORY PHYSIOLOGY	2023	ISBN 9781387451432	LULU PUBLICATION
2	DR. R. VENKATESAN	ENDOCRINOLOGY	2023	ISBN 9781387581764	LULU PUBLICATION
3	DR. R. VENKATESAN	RENAL PHYSIOLOGY	2023	ISBN 9781387581733	LULU PUBLICATION
4	DR. S. THIRUMALAI KUMAR	SPORTS JOURNALISM AND MASS MEDIA	2023	ISBN 9789395423205	AkiNik Publications
5	Dr.P.KUMARAVELU	SCIENTIFIC TRAINING PRINCIPLE OF SPORTS TRAINING	2022	ISBN 9789395423205	Royal Book Publisng
6	Dr.P.KUMARAVELU	TEST AND MEASUREMENTS IN PHYSICAL EDUCATION	2022	ISBN 9788195959037	Sports Publication
7	Dr.P.KUMARAVELU	TEST,MEASUREMENTS AND EVALUATION IN PHYSICAL EDUCATION	2021	ISBN 9789391347031	Coimbatore institute of Information technaology
8	Dr.P.KUMARAVELU	SPORTS MANGEMENT ,RECREATION AND CAMPING	2021	ISBN 9789391347055	Coimbatore institute of Information technaology
9	Dr.P.KUMARAVELU	TEST AND MEASUREMENTS IN PHYSICAL EDUCATION	2022	ISBN 9788195959037	Sports Publication
10	DR. S. THIRUMALAI KUMAR	SCIENTIFIC TRAINING PRINCIPLE OF SPORTS TRAINING	2022	ISBN 9789395423205	Royal Book Publisng
11	DR. V. DURAISAMI	YOGIC DIET FOR HEALTH	October, 2021	ISBN 9789385643156	Lavanya Pathipagam

12	DR. V. DURAISAMI	MANAGEMENT OF NUTRITION AND BALANCED DIET TO ALL	JUNE, 2021	ISBN 9789385643194	Lavanya Pathipagam
13	DR. V. DURAISAMI	BASIC CONCEPTS OF YOGA THERAPY	JULY , 2021	ISBN 9789385643163	Lavanya Pathipagam
14	DR.S. VELKUMAR	SPORTS MANAGEMENT	2021		INDER PUBLICATION
15	DR. V. DURAISAMI	PRINCIPLES OF NATUROPATHY AND AYURVEDA IN YOGA	Jan-20	ISBN 9789385643170	Lavanya Pathipagam
16	Dr. V. DURAISAMI	ORIENTATION TO PANTANJALI YOGASUTRA GHERANDA SAMHITA AND HATHAYOGA PRADIPIKA	2020	978-93-85643-06-4.	Lavanya Pathipagam
17	DR. S. SELVALAKSHMI	EFFICACY OF VINYASA YOGA WITH AND WITHOUT MANTRA CHANTING ON SELECTED CEREBROMUSCULAR COGNITIVE AND PSYCHOMOTOR VARIABLES AMONG CHILDRENA WITH CEREBRAL PALSYS		ISBN 9788194208310	
18	DR. DURAISAMI	ORIENTATION TO PANTANJALI YOGASUTRA GHERANDA SAMHITA AND HATHAYOGA PRADIPIKA	October, 2020	ISBN 9789385643064	DR DURAISAMI
19	Dr.P.KUMARAVELU	SPORTS MEDICINE	2019-2020	ISBN 9789390016853	Sports Publication
20	Dr.C.Arumugam	Understanding Sports Coaching	2019	978-81-7216-460-7	Friends publications (India) New Delhi
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BOOK FRONT PAGE



DR. R. VENKATESAN

About Author



Dr. R. Venkatesan

Dr.R.Venkatesan, Associate Professor of Exercise Physiology and Biomechanics in Tamilnada Physical Education And Sports University, Chennai. Recently He awarded as Eminent Educator Award from IFFESSA For Outstanding Contribution in the Field Of Sports Science (Exercise Physiology). He is over claiming Information Exercise Physiology, Sports Nutrition & Experimental Research with having more than Twenty-Two Years' experience. He worked as Research Coordinator for more than three and half years in the sports university and all affiliated colleges in Tamilnada. He completed his technician course Anthropometric level one and two. In teaching UG and PG students of sports sciences, there are topics in the subject of Exercise Physiology, Sports Nutrition, and Seven Ph.D completed and four scholars are doing research. He wrote 3 books of Exercise Physiology, Nutrition, fitness and wellness And Weight Management. He Published more than Hundred And Forty Research Articles on sports sciences issues from various international, peer reviewed, Referred and Care Listed Journal.



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Dr. R.Venkatesan

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About Author



Dr. R. Venkatesan

Dr.R.Venkatesan, Associate Professor of Exercise Physiology and Biomechanics in Tamilnadu Physical Education And Sports University, Chennai. Recently He awarded as Eminent Educator Award from IPPESSA For Outstanding Contribution in the Field Of Sports Sciences -Exercise Physiology . He is over charming Information Exercise Physiology, Sports Nutrition & Experimental Research with having more than Twenty-Ten Years' experience. He worked as Research Coordinator for more than three and half years in the sports university and all affiliated colleges in Tamilnadu. He completed his technician course Anthropometric level one and two. In teaching UG and PG students of sports sciences, there are guides in the subject of Exercise Physiology, Sports Nutrition and Seven PH.D completed and four scholars are doing research. He wrote 5 books of Exercise Physiology, Nutrition, fitness and wellness And Weight Management. He Published more than Hundred And Fifty Research Articles on sports sciences Issues from various international, peer reviewed, Refereed and Core Listed Journal.



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CARDIOVASCULAR AND RESPIRATORY PHYSIOLOGY



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DR. P. KUMARAVELU

SPORTS TRAINING METHODS IN PHYSICAL EDUCATION

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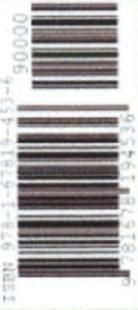


Dr. P. Kumaravelu

Dr. P. Kumaravelu has served as physical director in Dhanalakshmi Institute Group of Institutions, currently he is serving as Asst. Prof in Tamil Nadu Physical and Sports University. He was awarded the Ph.D. degree in "Effect of Moderate and High Intensity Strength Training and De-Training on Selected Strength and Physiological Variables of Boys". He has Published more than 40 research paper in several reputed Journal t National and International Level. He also presented different articles in seminars/ conferences/ workshop etc..... Dr. P. Kumaravelu is also member of National, Professional and Statutory body.

Dr. P. Kumaravelu has served as Joint Secretary of Sports in Tamil Nadu Physical and Sports University. He has three Universities Board on member in Tamil Nadu; he has introduced so many football, volleyball and badminton for the state level players. He is handball and kabaddi state level qualified referee.

He was life time member of Tamil Nadu Physical and Sports University to teacher association, and so many..... Supervised many research scholars successfully.



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SPORTS MEDICINE

About the Book

This book is designed as a text book for the post graduate students in Physical Education. This book deals with Introduction to Sports Medicine, Program Management, Spine Injuries and Exercise and Upper Extremity Injuries and Exercise. According to new syllabus (M.PED 2019-2020) National Council of Teacher Education Programme. This present book humble attempt by the authors the needs of the students preparing examination.

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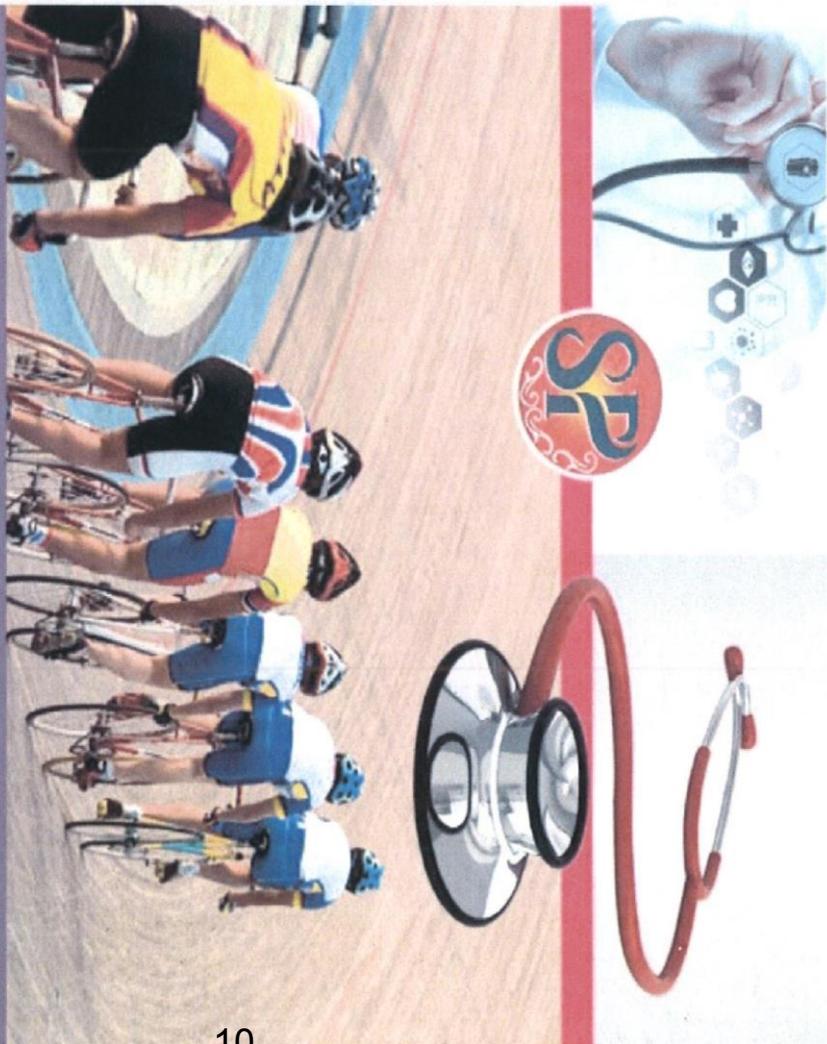
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**TEST, MEASUREMENT AND EVALUATION IN
PHYSICAL EDUCATION**

Dr. P. Kumaravelu and Dr. T. Arun Prasanna

First Edition

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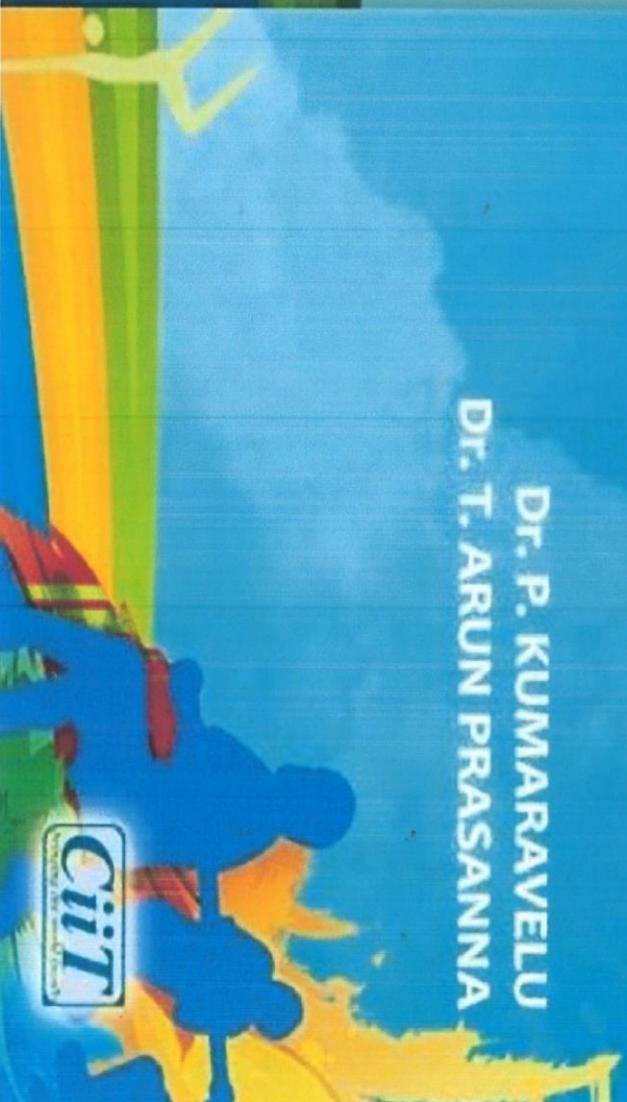
The book is designed as a text book for the B.P.Ed graduate students in Physical Education. This book deals with introduction to Test, Measurement and Evaluation, Criteria and Administration of Test, Physical Fitness Test, Sports Skill Test. The present book covers new syllabus for the course (B.P.Ed 2020-2021) by National Council of Teachers Education Programme. This present book humble attempt by the authors meet the needs of the students preparing for semester exams.



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The book is designed as a text book for the B.P.Ed graduate students in Physical Education. This book deals with introduction to sports management, recreation and camping, criteria and meaning and definition of leadership style, factors planning school, college sports programme, aim-Scope and objectives of recreation and definition and meaning of camping. The present book covers new syllabus for the course (B.P.Ed 2020-2021) by National Council of Teachers Education Programme. This present book humble attempt by the authors meet the needs of the students preparing for semester exams.

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YOGIC DIET FOR HEALTH

Mr.R.VENUGOPAL B.Com, M.Sc., MPhil. NET(yoga),(Ph.D.Yoga)

Dr. V. DURAISAMI, M.Sc, M.Phil, Ph.D

Title of the Book : YOGIC DIET FOR HEALTH

Author : Mr.R.VENUGOPAL & Dr. V. DURAISAMI

Language : English

Publisher : Lavanya pathipagam, 29/15, thanappa Street,
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Mediterranean Diets

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Restricted Diet

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Characteristics - Benefits - Eating Guidelines

Diet Planning - Overcome Bad Eating Habits

Food Habits - Punjab, Bengal, A.P, Tn, Maharashtra, Gujarat

Yogic Dieting Guidelines For Various Professionals



Mr.R.VENUGOPAL, B.Com, M.Sc.Yoga, MPhil.(yoga), NET(yoga) qualified,(PhD.Yoga).,Yoga Teacher In Vidyalaya Sr Sec School (CBSE) Virugambakam Chennai 92, for past 20 years. His area of specialization are Yoga Therapy, Patanjali yoga sutras, Upanishads and Practical aspect of yoga.



Dr. V. DURAISAMI working as a Assistant Professor, Department of yoga, Tamilnadu physical education and sports university, Chennai, He is in yoga profession for the around 15 years to impart yoga and yoga therapy in its purest form, in our own time tested traditional way.



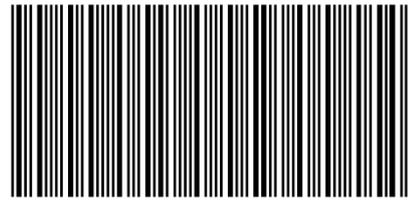
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MANAGEMENT OF NUTRITION AND BALANCED DIET TO ALL



Mrs. V.SUJATHA, B.E, MSC, (Ph.D.)

Dr. V. DURAISAMI, M.Sc, M.Phil, Ph.D

People diet for all types of reasons as there are no shortage of reasons for wanting to live a healthier life. There are also a wide variety of options when it comes to selecting a diet that might work for all. Here is a closer look at some of the different types of diets that people are using all around the world.



Mrs. V.SUJATHA, B.E (ECE), Msc.Yoga (YHE), NET (yoga) qualified, (PhD.Yoga)., Working as a UGC NET (Yoga) training professor. She doing her service to yoga from the past Six years to till date. Her area of specialization are PYS, Hatha Yoga Texts, Upanishads and Yoga Therapy.



Dr. V. DURAISAMI working as a Assistant Professor, Department of yoga, Tamilnadu physical education and sports university, Chennai, He is in yoga profession for the around 15 years to impart yoga, yoga therapy and naturopathy in its purest form, in our own time tested traditional way.

Title of the Book : **MANAGEMENT OF NUTRITION AND
BALANCED DIET**

Author **:** **Mrs. V.SUJATHA & Dr. V. DURAISAMI**

Language **:** English

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BASIC CONCEPTS OF YOGA THERAPY



Mrs. K.TAMILSELVI, M.A.(YHE), Ph.D(Yoga)
Dr. V. DURAISAMI, M.Sc, M.Phil, Ph.D



Mrs. K.TAMILSELVI, Director, KANCHI YOGA VIDHYALAYA PUBLICATIONS, Working as a UGC NET (Yoga) training professor. She doing her service to yoga from the past Six years to till date. Her area of specialization are Yoga Therapy, PYS, Hatha Yoga Texts, Upanishads and Thirumandiram.



Dr. V. DURAI SAMI working as a Assistant Professor, Department of yoga, Tamilnadu physical education and sports university, Chennai, He is in yoga profession for the around 15 years to impart yoga and yoga therapy in its purest form, in our own time tested traditional way.

Title of the Book : Basic Concepts of Yoga Therapy
Author : Mrs. K.TAMILSELVI
Dr. V. DURAISAMI
Language : English
Publisher : Lavanya pathipagam, 29/15, thanappa Street,
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PRINCIPLES OF NATUROPATHY AND AYURVEDA IN YOGA



Mrs. C. MAGESHWARI, M.A, (Ph.D)

Dr. V. DURAISAMI, M.Sc, M.Phil, Ph.D

Exigency of eternal essence navigates the nature of life by means of an integral inherence. Integration of spirit, soul, mind, and body designs the metaphysics of human life aiming towards the core of singularity.



Mr .C. MAGESHWARI, M.A, (Ph.D),



Dr. V. DURAISAMI working as a Assistant Professor, Department of yoga, Tamilnadu physical education and sports university, Chennai, He is in yoga profession for the around 15 years to impart yoga and yoga therapy in its purest form, in our own time tested traditional way.

Title of the Book : Principles of Naturopathy and Ayurveda In Yoga

Author : **Mrs. C. MAGESHWARI &
Dr. V. DURAISAMI**

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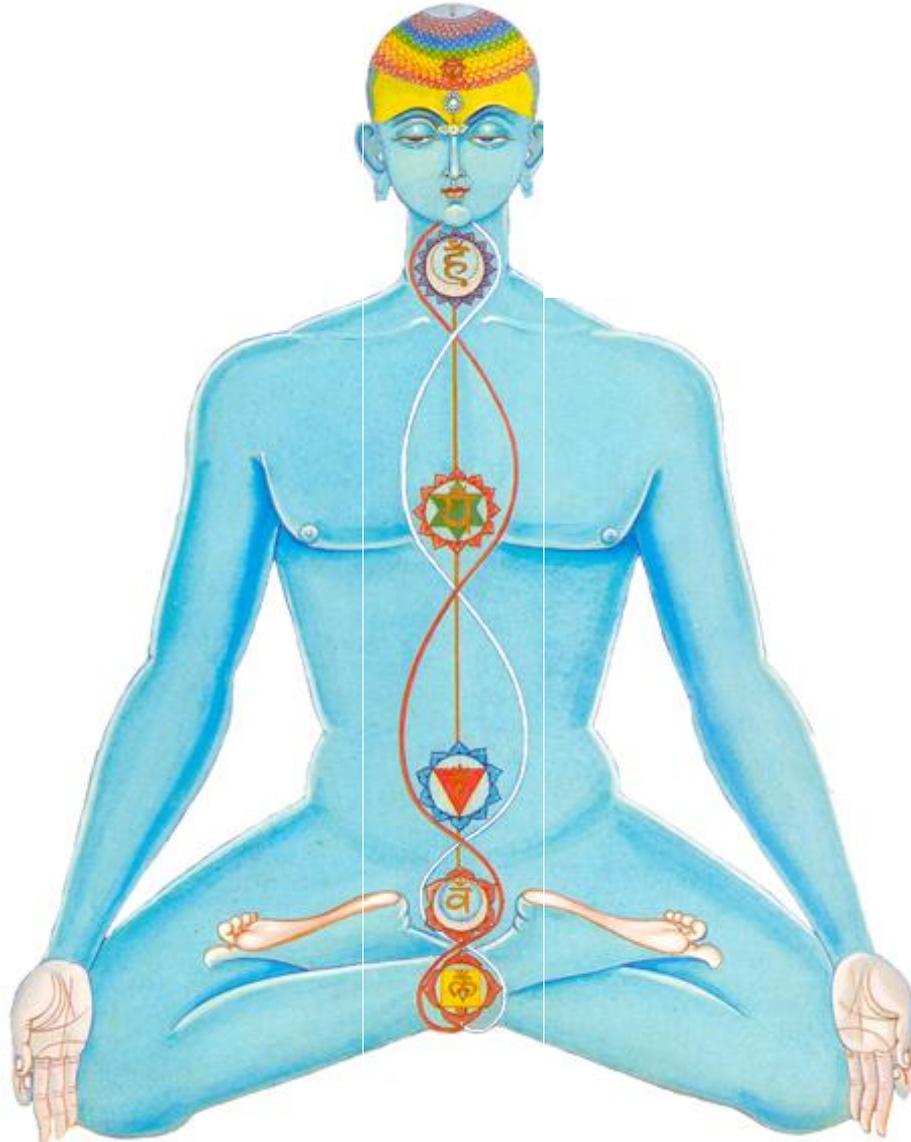
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ORIENTATION TO PATANJALI YOGASUTRA GHERANDA SAMHITA AND HATHAYOGA PRADIPIKA



Mrs. C. MAGESHWARI, M.A, (Ph.D)
Dr. V. DURAISAMI, M.Sc, M.Phil, Ph.D

The Yoga Sutras were composed by man named Patanjali. However, there is not much known about him, except that he was presumably Indian and lived somewhere between the second and fourth century BC. And also Hatha yoga actually is hasn't changed for thousands of years, however our thinking and perception of it certainly has. Language is a powerful thing, and in different cultures the same word can have a variety of definitions, throughout the evolution of yoga practice, the same word – Hatha – has come to mean different things too



Mr .C. MAGESHWARI, M.A, (Ph.D),



Dr. V. DURAISAMI working as a Assistant Professor,

Department of yoga, Tamilnadu physical education and sports university, Chennai, He is in yoga profession for the around 15 years to impart yoga and yoga therapy in its purest form, in our own time tested traditional way.

Title of the Book : Orientation To Patanjali Yogasutra Gheranda Samhita And Hathayoga Pradipika

Author : Mrs. C. MAGESHWARI, M.A, (Ph.D) &
Dr. V. DURAISAMI

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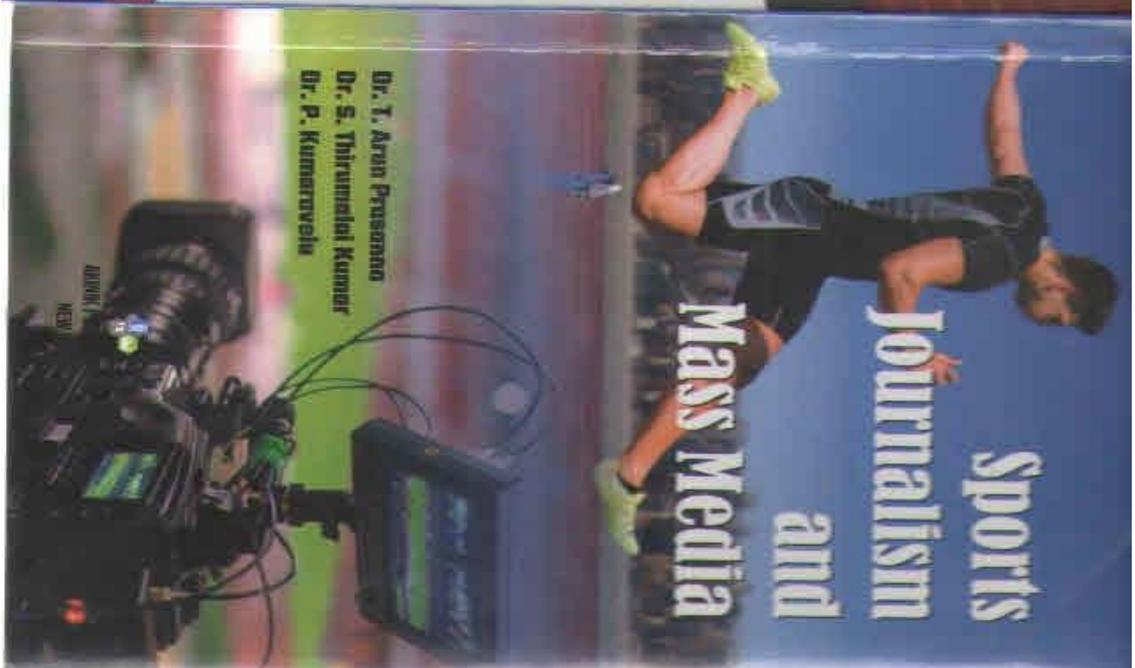
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Presenting 2018. He was awarded "The Young Scientist" in 2018 (IAPF, Guwahati and presented a paper in the UIC sponsored two-day National Seminar on "Fit and Health India - Vision 2020", IAPF, North East Regional Centre, Guwahati, 2018, on the effects of yoga practices on selected physiological parameters among college men. He also played and also received gold medal trophy in State IST Research Day in 2017, 2018 and 2019. Additionally he completed "NIS Certificate course in Athletics" in Adyar Sports Complex, Chennai, Tamil Nadu and "NIS Certificate course in Para Olympic" held at Bangalore University and published research articles in Sports, IJPS, Elsevier and UIC Journals. He is the member of Tamil Nadu Athletics Association, All India as well as Anna University Athletics Council 2017-2020. A recent coordinator of the 67th National Under-20 Championship Men & Women 2019-2020. He presented 25 papers in many international meet symposia and conferences and visited 2 abroad countries for international conferences. Completed 1st (World Athletics Course) in Punjab. Participated in All India Under University in October 2011.

Dr. A. Yashwanth Kumar is a young and energetic person dedicated his services to the field of physical education and sports. He did his UG degree at Manonmaniam Sundaram University, Tirunelveli, M.P.Ed, Alagappa University, Karaikal, M.Phil and Ph.D. Alagappa University, Karaikal, and he studied additional degrees in M.Sc. (Psychology), University of Madras, M.Sc. (Yoga), Annamalai University, PGDCA, Alagappa University, Karaikal and PGDAPSES, Tamil Nadu Physical Education and Sports University. He qualified for NET in 1997, Teaching Experience of UG Level 22 years & PG Level 17years. He specialized in cricket, basketball, traditional games. He has published more than seven books on Physical Education. He has organized seminars and has presented papers in national and international seminars. He served as secretary of Tamil Nadu physical education and sports university from 2017-2021, and he served as member of NMAC of TNAPSES since March 2020 and he also membership in Tamilnadu Sargabhal association in order district association. He got a distinctive award for youth shirt katta vibhoosan and Shig of physical

Dr. R. Kunalakrishnan is working as Associate Professor, Department of Physical Education, He did his M.P.Ed & M.P.E.S in Annamalai University, M.Phil in University of Madras, Ph.D. in Tamilnadu Physical Education and Sports University, Chennai. He has qualified U.G, M.Ed, NET (1998). He specialized in sports training methods, athletics, basketball, football, volleyball, kabaddi. He has well acknowledged physical educationist highly specialized in academics, research, Teaching Experience of UG 13 Years & PG 13 years (Physical Education, Lecturer, Reader, and Course, deputy warden HSS Co-Coordinator. He has research experience 20 years. He has presented research papers in National conference of Journal (42), conference (20) and international conferences in Journals (62), conference (18) and also he organized event of workshops, seminars, he has authored some special books in the field of physical education and sports.

Dr. SURESH Kumar B.Sc mathematics, B.PED, M.PHU, HIS Diploma in sports Coaching (Kobadli), Strength & Conditioning (SAI) and working as Assistant Professor, Centre for Physical Education, University of Calicut. He represented Kerala team in Senior National Kabaddi championships, Senior national south zone 3rd prize and represented Calicut University in south zone university championship. He acted as a Kerala University Kabaddi Coach (2017 & 2021) and also participated National level, International Conference and Workshop and he published research articles in Scopus Journals.



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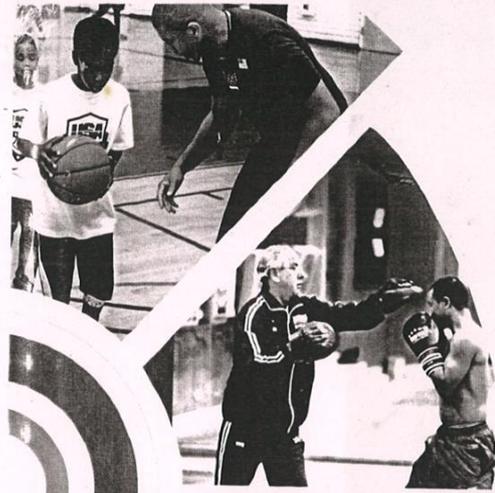
Dr. T. Arun Prasanna was born on 26th March, 1969. He completed B.A., Economics, M.P.Ed and M.Phil, Ph.D., P.H.D. in Physical Education & Sports Training, Diploma in Sports Coaching (SAI NIS Athletics), Completed IMAF Level-1 World Athletics Course in Punjab. He was awarded "The Young Scientist" in 2015 (IAPF, Guwahati) and presented a paper in the UIC sponsored two-day National Seminar on "Fit and Health India--Vision 2020".

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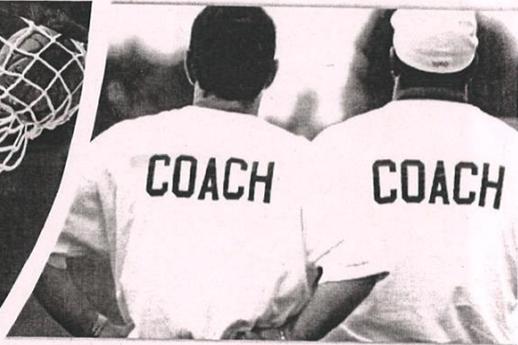


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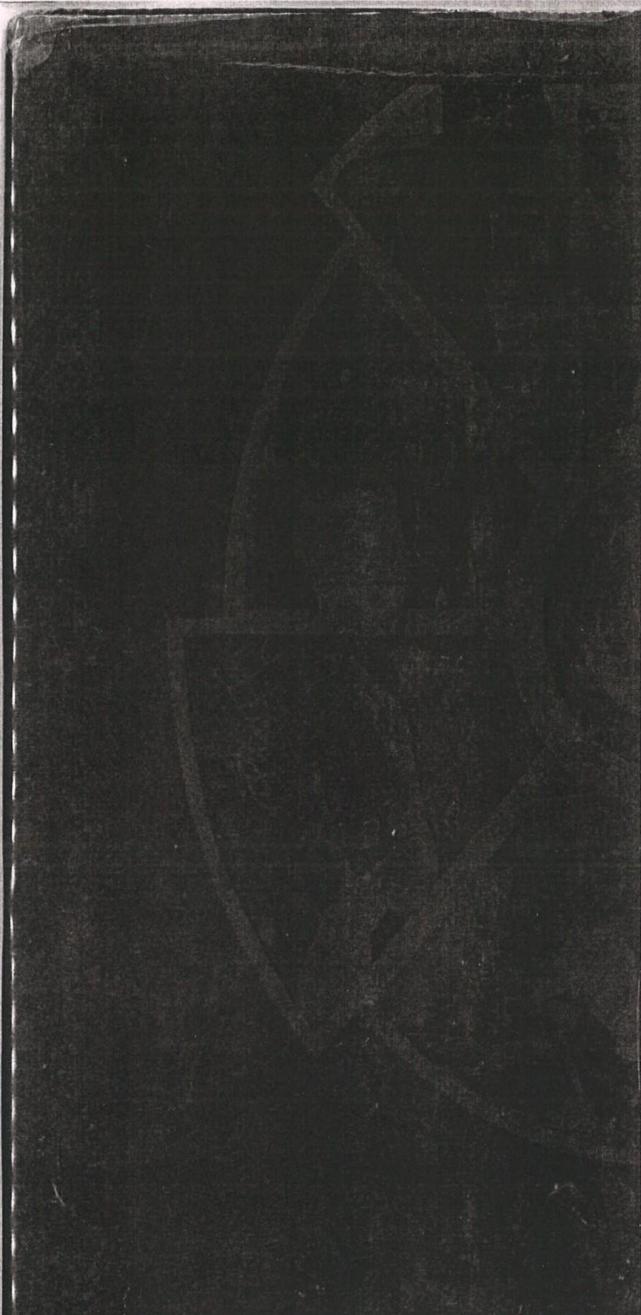


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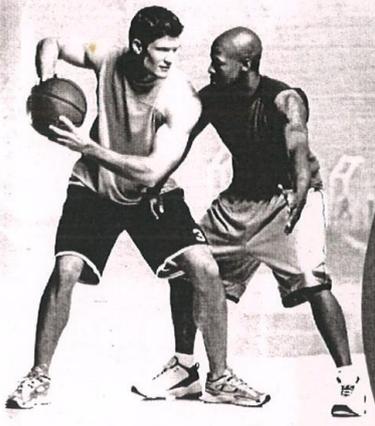
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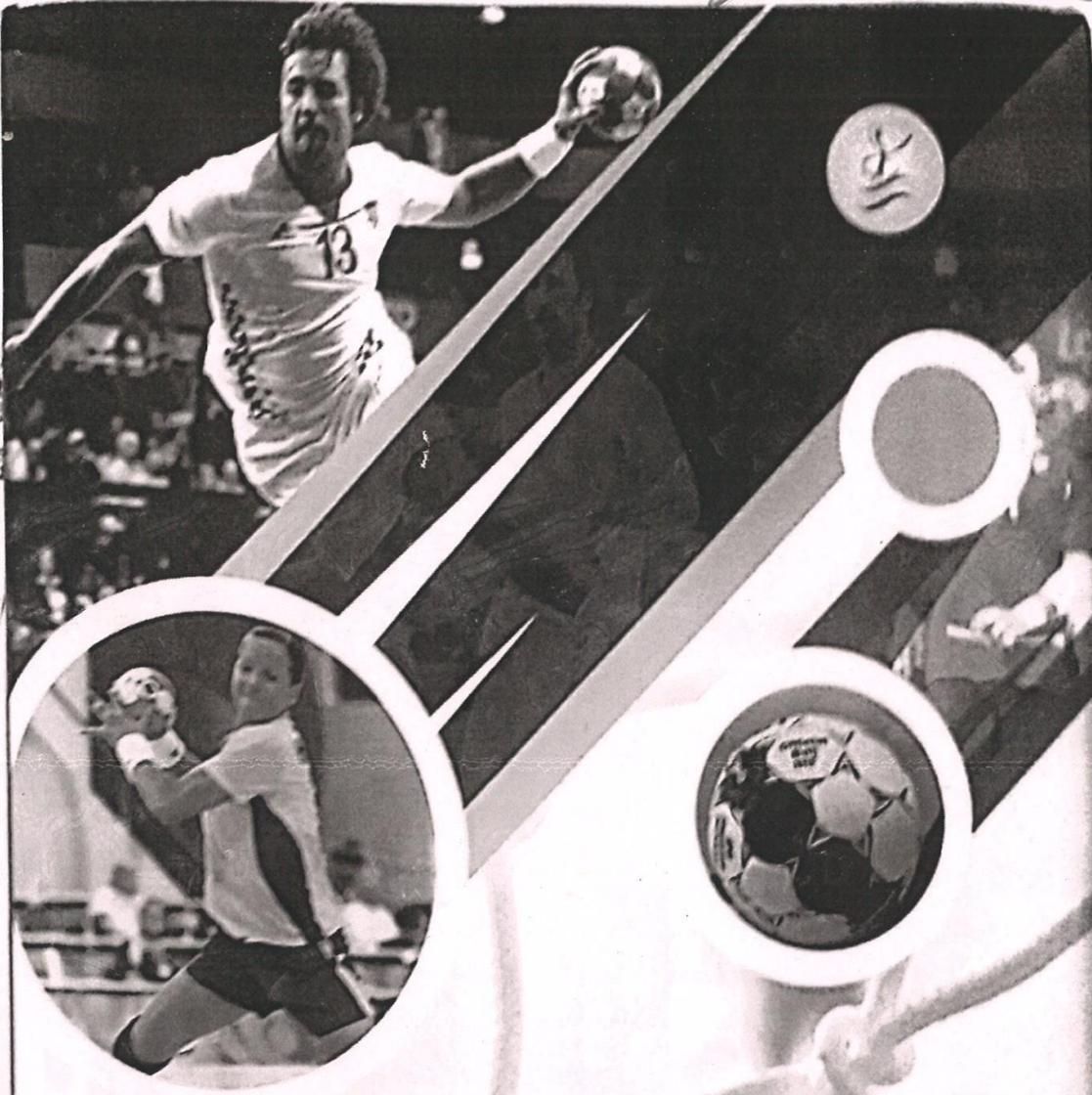
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She is good Physical Educationist. She has more than 20 years service in the field of Physical Education. She has participated in many national and international conferences and presented about Thirty (30) Research papers. She has published so many research articles in reputed journals. She has guided and guiding 12 Research Scholars for Doctor of Philosophy in Physical Education and more than 50 M.Phil. scholars in Tamil Nadu Sports University.

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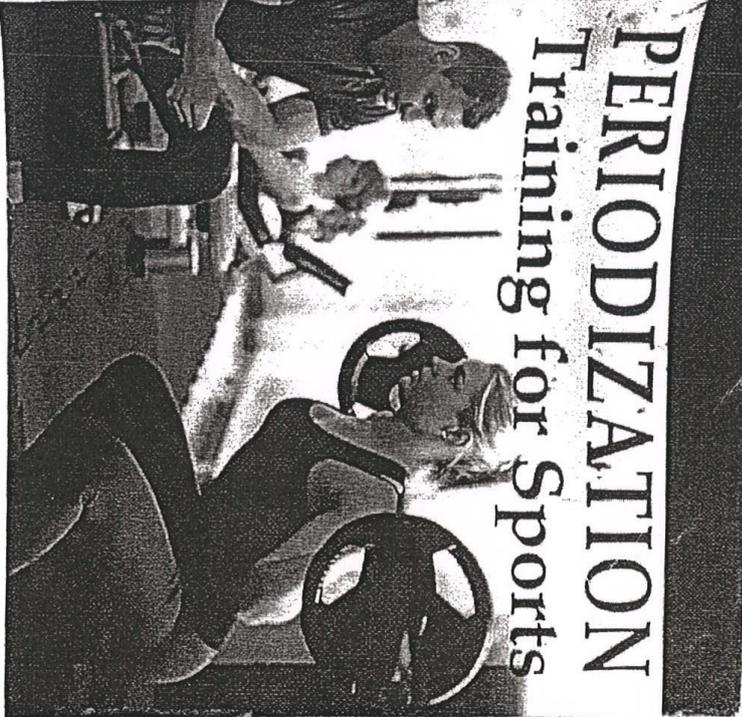
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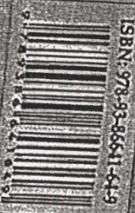
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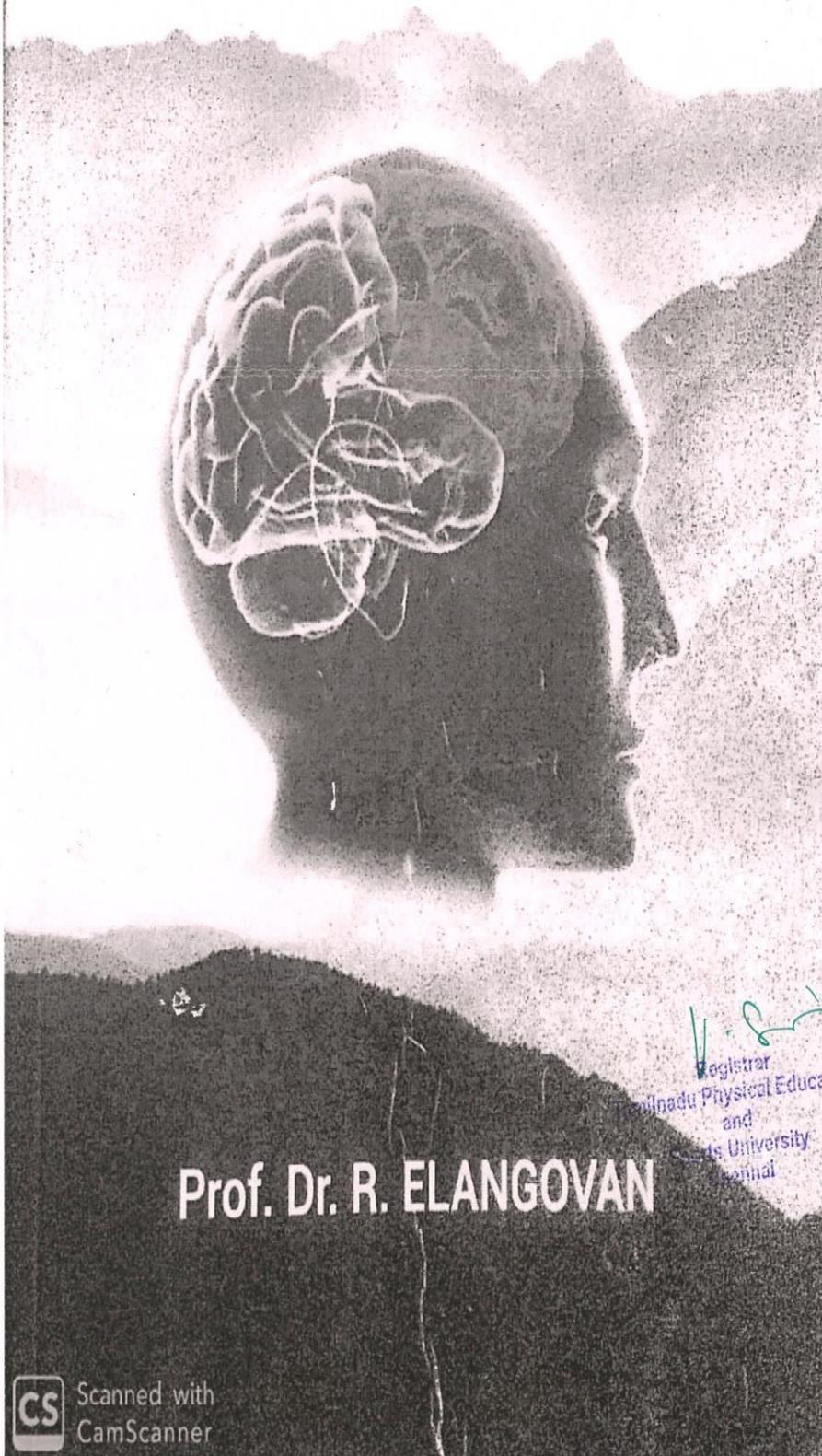


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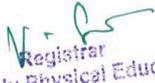
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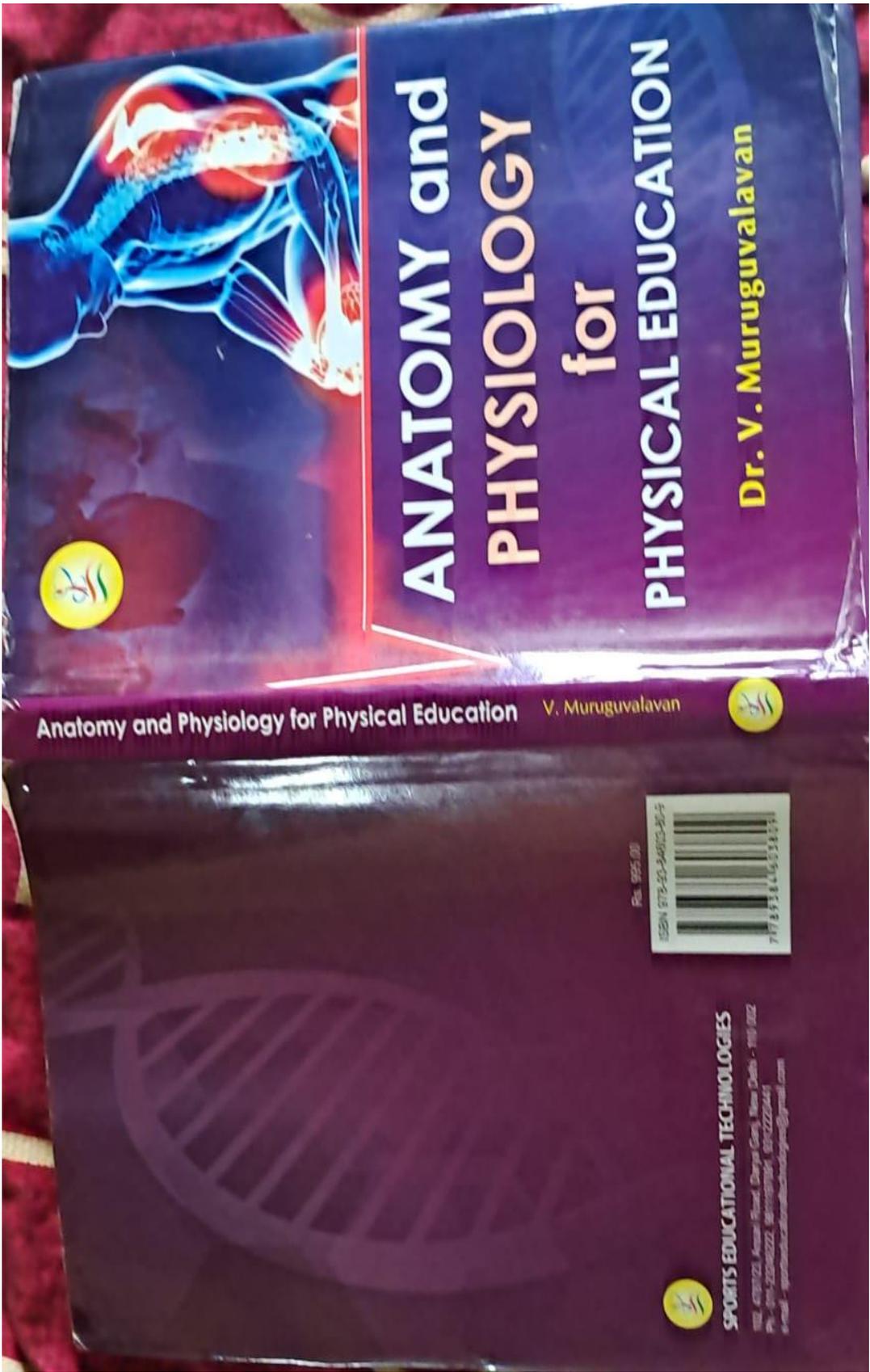
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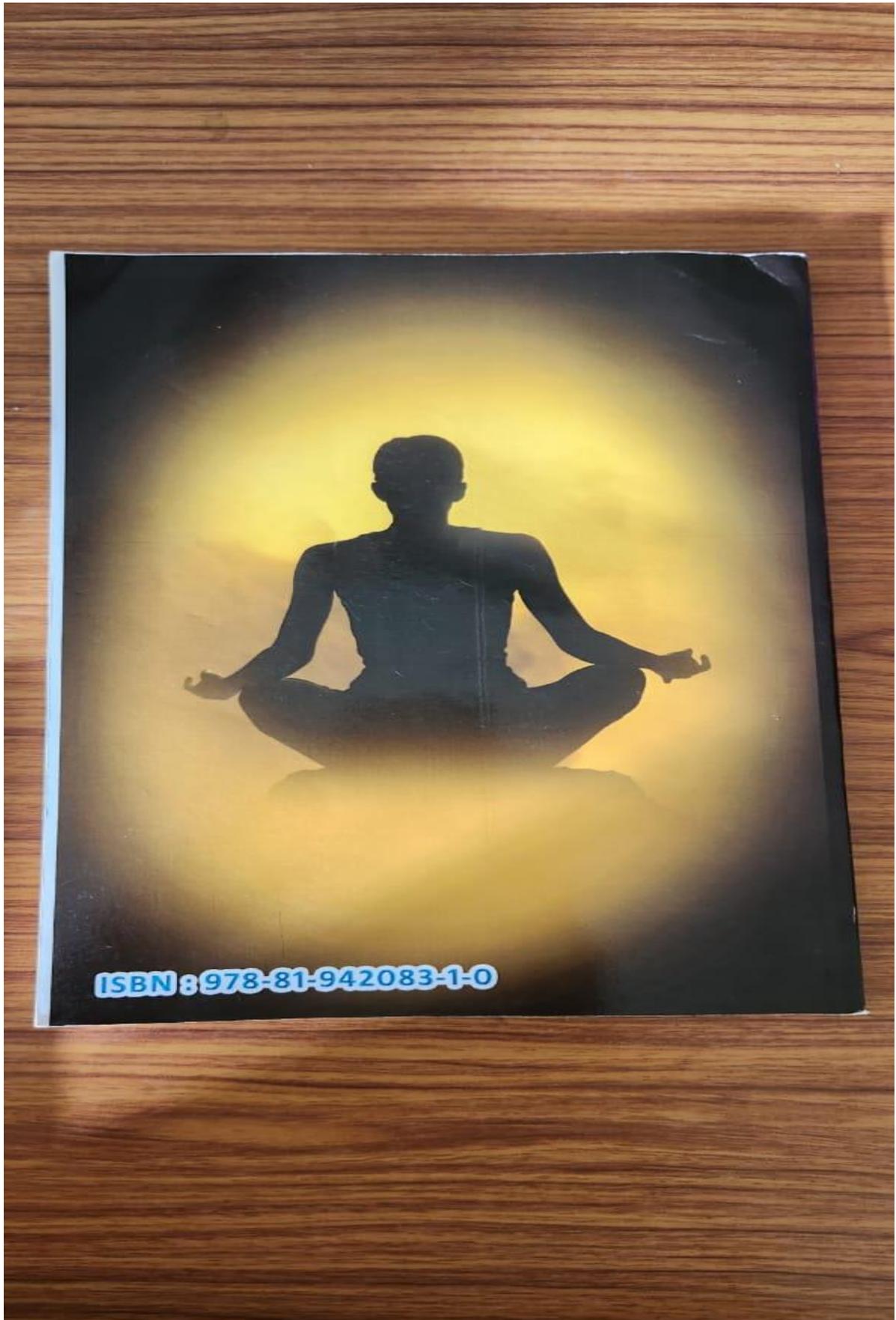


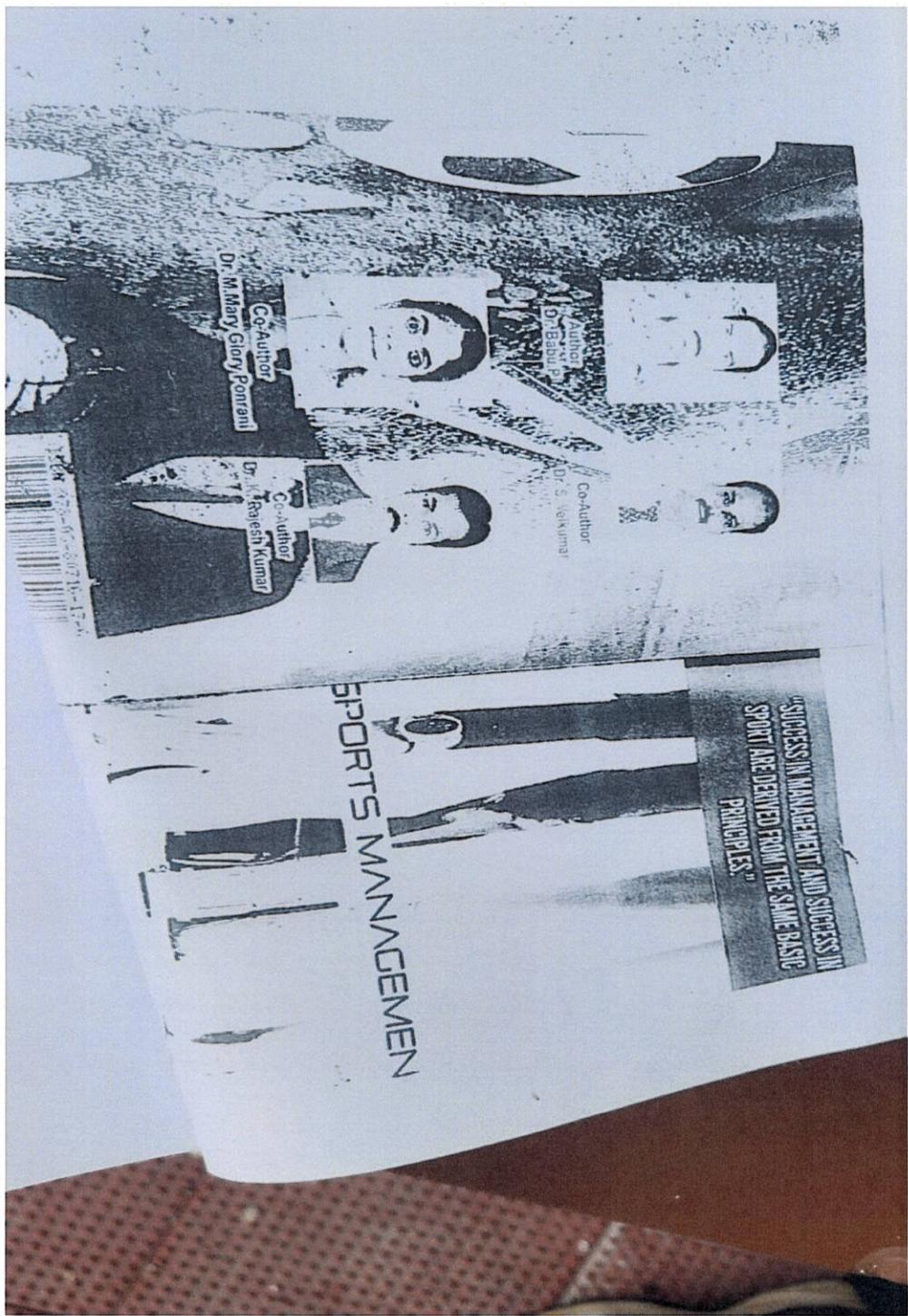
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